



**Food ID:** R072

**Food name and Description:** Soup, chicken noodle, cnd

**Scientific name:**

**Alternate/Common name(s):**

**Edible portion:** 100%

## **Proximates** (Food Composition per 100g Edible Portion)

Water (g)	88.4
Energy, calculated (kcal)	49
Protein (g)	2.6
Total Fat (g)	1.6
Carbohydrate, total (g)	6
Ash, total (g)	1.4

## **Other Carbohydrate** (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0.9
Sugars, total (g)	0.4

## **Minerals** (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	33
Phosphorus, P (mg)	25
Iron, Fe (mg)	2.4
Sodium, Na (mg)	351

## **Vitamins** (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	75
beta-Carotene (µg)	65
Retinol Activity Equivalent, RAE (µg)	80
Thiamin, Vitamin B1 (mg)	0.01
Riboflavin, Vitamin B2 (mg)	0.03
Niacin (mg)	0.7
Ascorbic Acid, Vitamin C (mg)	0

## **Lipids** (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	0.86
Fatty acids, monounsaturated, total (g)	0.41
Fatty acids, polyunsaturated, total(g)	0.24
Cholesterol (mg)	7