



**Food ID:** R015

**Food name and Description:** Spaghetti, Vienna sausage & tomato sce,  
cnd

**Scientific name:** N/A

**Alternate/Common name(s):** N/A

**Edible portion:** 100%

### **Proximates** (Food Composition per 100g Edible Portion)

Water (g)	79
Energy, calculated (kcal)	86
Protein (g)	2.9
Total Fat (g)	1.7
Carbohydrate, total (g)	14.8
Ash, total (g)	1.6

### **Other Carbohydrate** (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	1.5
Sugars, total (g)	3.1

### **Minerals** (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	25
Phosphorus, P (mg)	34
Iron, Fe (mg)	0.6
Sodium, Na (mg)	276

### **Vitamins** (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	155
beta-Carotene (µg)	100
Retinol Activity Equivalent, RAE (µg)	163
Thiamin, Vitamin B1 (mg)	0.03
Riboflavin, Vitamin B2 (mg)	0.05
Niacin (mg)	0.7
Ascorbic Acid, Vitamin C (mg)	0

### **Lipids** (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	0.57
Fatty acids, monounsaturated, total (g)	0.73
Fatty acids, polyunsaturated, total(g)	0.23

