



Food ID: Q042

Food name and Description: Fruit-flvr drnk, pwdr, orange

Scientific name: N/A

Alternate/Common name(s): N/A

Edible portion: 100%

Proximates (Food Composition per 100g Edible Portion)

Water (g)	0.2
Energy, calculated (kcal)	407
Protein (g)	0
Total Fat (g)	2.2
Carbohydrate, total (g)	96.8
Ash, total (g)	0.8

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0.4
Sugars, total (g)	92.3

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	152
Phosphorus, P (mg)	579
Iron, Fe (mg)	0.3
Sodium, Na (mg)	17

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	0
beta-Carotene (µg)	5
Retinol Activity Equivalent, RAE (µg)	0
Thiamin, Vitamin B1 (mg)	0
Riboflavin, Vitamin B2 (mg)	0
Niacin (mg)	0
Ascorbic Acid, Vitamin C (mg)	141

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	-
Fatty acids, monounsaturated, total (g)	-
Fatty acids, polyunsaturated, total(g)	-
Cholesterol (mg)	0