

Food ID: Q017

Food name and Description: Fruit jce drnk conc, grape

Scientific name:

Alternate/Common name(s): Edible portion: 100%

## **Proximates** (Food Composition per 100g Edible Portion)

Water (g)	36
Energy, calculated (kcal)	257
Protein (g)	0.2
Total Fat (g)	0.4
Carbohydrate, total (g)	63.2
Ash, total (g)	0.2

#### Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0.4
Sugars, total (g)	61.4

# Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	32
Phosphorus, P (mg)	4
Iron, Fe (mg)	0.9
Sodium, Na (mg)	39

## Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	0
beta-Carotene (µg)	0
Retinol Activity Equivalent, RAE (µg)	0
Thiamin, Vitamin B1 (mg)	0
Riboflavin, Vitamin B2 (mg)	0.02
Niacin (mg)	0
Ascorbic Acid, Vitamin C (mg)	18

## **Lipids** (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g	-
Fatty acids, monounsaturated, total (g)	-
Fatty acids, polyunsaturated, total(g)	-
Cholesterol (mg)	0