

**Food ID:** M017**Food name and Description:** Fudge, durian**Scientific name:****Alternate/Common name(s):** Pastilyas, durian**Edible portion:** 100%**Proximates** (Food Composition per 100g Edible Portion)

Water (g)	7.4
Energy, calculated (kcal)	358
Protein (g)	13.5
Total Fat (g)	0.2
Carbohydrate, total (g)	75.5
Ash, total (g)	3.4

**Other Carbohydrate** (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0
Sugars, total (g)	62.1

**Minerals** (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	429
Phosphorus, P (mg)	338
Iron, Fe (mg)	1.1
Sodium, Na (mg)	173

**Vitamins** (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	2
beta-Carotene (µg)	0
Retinol Activity Equivalent, RAE (µg)	2
Thiamin, Vitamin B1 (mg)	0.14
Riboflavin, Vitamin B2 (mg)	0.3
Niacin (mg)	0.4
Ascorbic Acid, Vitamin C (mg)	0

**Lipids** (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	0.12
Fatty acids, monounsaturated, total (g)	0.05
Fatty acids, polyunsaturated, total(g)	0.01
Cholesterol (mg)	1