



Food ID: J021

Food name and Description: Milk, pwdr, infant formula

Scientific name:

Alternate/Common name(s): Gatas, pulbos, infant formula

Edible portion: 100%

Proximates (Food Composition per 100g Edible Portion)

Water (g)	2.4
Energy, calculated (kcal)	389
Protein (g)	18.3
Total Fat (g)	3
Carbohydrate, total (g)	72.2
Ash, total (g)	4.1

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0
Sugars, total (g)	57

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	688
Phosphorus, P (mg)	374
Iron, Fe (mg)	4.8
Sodium, Na (mg)	188

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	150
beta-Carotene (µg)	50
Retinol Activity Equivalent, RAE (µg)	154
Thiamin, Vitamin B1 (mg)	0.37
Riboflavin, Vitamin B2 (mg)	0.21
Niacin (mg)	8.1
Ascorbic Acid, Vitamin C (mg)	31

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	-
Fatty acids, monounsaturated, total (g)	-
Fatty acids, polyunsaturated, total(g)	-
Cholesterol (mg)	-