



Food ID: F254

Food name and Description: Sausage, hotdog, smoked

Scientific name:

Alternate/Common name(s):

Edible portion: 100%

Proximates (Food Composition per 100g Edible Portion)

Water (g)	71.1
Energy, calculated (kcal)	160
Protein (g)	12.9
Total Fat (g)	10.8
Carbohydrate, total (g)	2.7
Ash, total (g)	2.5

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0
Sugars, total (g)	0

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	32
Phosphorus, P (mg)	130
Iron, Fe (mg)	1
Sodium, Na (mg)	572

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	135
beta-Carotene (µg)	280
Retinol Activity Equivalent, RAE (µg)	158
Thiamin, Vitamin B1 (mg)	0.12
Riboflavin, Vitamin B2 (mg)	0.06
Niacin (mg)	1.7
Ascorbic Acid, Vitamin C (mg)	0

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	3.67
Fatty acids, monounsaturated, total (g)	4.6
Fatty acids, polyunsaturated, total(g)	1.48
Cholesterol (mg)	22