

Food ID: F206

Food name and Description: Rabbit white meat Scientific name: *Oryctolagus cuniculus*

Alternate/Common name(s): Kuneho laman

Edible portion: 100%

Proximates (Food Composition per 100g Edible Portion)

Water (g)	78.4
Energy, calculated (kcal)	94
Protein (g)	18.2
Total Fat (g)	2.4
Carbohydrate, total (g)	0
Ash, total (g)	1.1

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0
Sugars, total (g)	0

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	34
Phosphorus, P (mg)	182
Iron, Fe (mg)	1.4
Sodium, Na (mg)	41

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	10
beta-Carotene (µg)	0
Retinol Activity Equivalent, RAE (µg)	10
Thiamin, Vitamin B1 (mg)	0.06
Riboflavin, Vitamin B2 (mg)	0.11
Niacin (mg)	8.8
Ascorbic Acid, Vitamin C (mg)	0

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g	0.72
Fatty acids, monounsaturated, total (g)	0.65
Fatty acids, polyunsaturated, total(g)	0.47
Cholesterol (mg)	54