



Food ID: F205
Food name and Description: Rabbit thigh
Scientific name: *Oryctolagus cuniculus*
Alternate/Common name(s): Kuneho hita
Edible portion: -%

Proximates (Food Composition per 100g Edible Portion)

Water (g)	78.2
Energy, calculated (kcal)	94
Protein (g)	18.6
Total Fat (g)	2.2
Carbohydrate, total (g)	0
Ash, total (g)	1.1

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0
Sugars, total (g)	0

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	16
Phosphorus, P (mg)	174
Iron, Fe (mg)	1.2
Sodium, Na (mg)	41

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	17
beta-Carotene (µg)	0
Retinol Activity Equivalent, RAE (µg)	17
Thiamin, Vitamin B1 (mg)	0.07
Riboflavin, Vitamin B2 (mg)	0.16
Niacin (mg)	9.5
Ascorbic Acid, Vitamin C (mg)	0

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	0.66
Fatty acids, monounsaturated, total (g)	0.6
Fatty acids, polyunsaturated, total(g)	0.43
Cholesterol (mg)	50