

**Food ID:** F199**Food name and Description:** Pork, suckling, lung**Scientific name:** *Sus scrofa scrofa***Alternate/Common name(s):** Baboy litsunin, бага**Edible portion:** 100%**Proximates** (Food Composition per 100g Edible Portion)

Water (g)	80.2
Energy, calculated (kcal)	87
Protein (g)	15.8
Total Fat (g)	2.4
Carbohydrate, total (g)	0.6
Ash, total (g)	1

**Other Carbohydrate** (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0
Sugars, total (g)	0

**Minerals** (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	14
Phosphorus, P (mg)	193
Iron, Fe (mg)	5.2
Sodium, Na (mg)	137

**Vitamins** (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	25
beta-Carotene (µg)	0
Retinol Activity Equivalent, RAE (µg)	25
Thiamin, Vitamin B1 (mg)	0.11
Riboflavin, Vitamin B2 (mg)	0.57
Niacin (mg)	2.4
Ascorbic Acid, Vitamin C (mg)	0

**Lipids** (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	0.85
Fatty acids, monounsaturated, total (g)	0.54
Fatty acids, polyunsaturated, total(g)	0.3
Cholesterol (mg)	282