

**Food ID:** F195**Food name and Description:** Pork, suckling, intestine, small**Scientific name:** *Sus scrofa scrofa***Alternate/Common name(s):** Baboy litsunin, bitukang maliit**Edible portion:** 100%**Proximates** (Food Composition per 100g Edible Portion)

Water (g)	85.1
Energy, calculated (kcal)	61
Protein (g)	12.5
Total Fat (g)	0.9
Carbohydrate, total (g)	0.6
Ash, total (g)	0.9

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0
Sugars, total (g)	0

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	9
Phosphorus, P (mg)	158
Iron, Fe (mg)	2.5
Sodium, Na (mg)	101

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (μg)	205
beta-Carotene (μg)	0
Retinol Activity Equivalent, RAE (μg)	205
Thiamin, Vitamin B1 (mg)	0.18
Riboflavin, Vitamin B2 (mg)	0.42
Niacin (mg)	2
Ascorbic Acid, Vitamin C (mg)	0

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	0.36
Fatty acids, monounsaturated, total (g)	0.22
Fatty acids, polyunsaturated, total(g)	0.13
Cholesterol (mg)	-