



Food ID: F194

Food name and Description: Pork, suckling, intestine, large

Scientific name: *Sus scrofa scrofa*

Alternate/Common name(s): Baboy litsunin, bitukang malaki

Edible portion: 100%

Proximates (Food Composition per 100g Edible Portion)

Water (g)	80.5
Energy, calculated (kcal)	87
Protein (g)	9.1
Total Fat (g)	2.5
Carbohydrate, total (g)	6.9
Ash, total (g)	1

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0
Sugars, total (g)	0

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	15
Phosphorus, P (mg)	94
Iron, Fe (mg)	0.5
Sodium, Na (mg)	42

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	50
beta-Carotene (µg)	0
Retinol Activity Equivalent, RAE (µg)	50
Thiamin, Vitamin B1 (mg)	0.09
Riboflavin, Vitamin B2 (mg)	0.35
Niacin (mg)	1.3
Ascorbic Acid, Vitamin C (mg)	0

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	1.14
Fatty acids, monounsaturated, total (g)	1.06
Fatty acids, polyunsaturated, total(g)	0.29
Cholesterol (mg)	-