

**Food ID:** F122**Food name and Description:** Duck wing**Scientific name:** *Cairina moschata***Alternate/Common name(s):** Pato pakpak**Edible portion:** 54%**Proximates** (Food Composition per 100g Edible Portion)

Water (g)	69.5
Energy, calculated (kcal)	144
Protein (g)	24.4
Total Fat (g)	5.2
Carbohydrate, total (g)	0
Ash, total (g)	0.9

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0
Sugars, total (g)	0

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	245
Phosphorus, P (mg)	122
Iron, Fe (mg)	1.8
Sodium, Na (mg)	37

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	45
beta-Carotene (µg)	0
Retinol Activity Equivalent, RAE (µg)	45
Thiamin, Vitamin B1 (mg)	0.05
Riboflavin, Vitamin B2 (mg)	0.16
Niacin (mg)	3.3
Ascorbic Acid, Vitamin C (mg)	0

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	1.74
Fatty acids, monounsaturated, total (g)	2.47
Fatty acids, polyunsaturated, total(g)	0.67
Cholesterol (mg)	-