

**Food ID:** F075**Food name and Description:** Chevon back**Scientific name:** *Capra hircus***Alternate/Common name(s):** Kambing likod**Edible portion:** -%**Proximates** (Food Composition per 100g Edible Portion)

Water (g)	77
Energy, calculated (kcal)	96
Protein (g)	20.4
Total Fat (g)	1.6
Carbohydrate, total (g)	0
Ash, total (g)	1

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0
Sugars, total (g)	0

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	12
Phosphorus, P (mg)	127
Iron, Fe (mg)	0.9
Sodium, Na (mg)	45

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	35
beta-Carotene (µg)	0
Retinol Activity Equivalent, RAE (µg)	35
Thiamin, Vitamin B1 (mg)	0.1
Riboflavin, Vitamin B2 (mg)	0.56
Niacin (mg)	3.6
Ascorbic Acid, Vitamin C (mg)	0

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	0.76
Fatty acids, monounsaturated, total (g)	0.61
Fatty acids, polyunsaturated, total(g)	0.08
Cholesterol (mg)	-