



**Food ID:** D201

**Food name and Description:** Sesbania lvs

**Scientific name:** *Sesbania grandiflora*

**Alternate/Common name(s):** Katuray dahon

**Edible portion:** 49%

## **Proximates** (Food Composition per 100g Edible Portion)

Water (g)	81.4
Energy, calculated (kcal)	76
Protein (g)	6.6
Total Fat (g)	1.4
Carbohydrate, total (g)	9.2
Ash, total (g)	1.4

## **Other Carbohydrate** (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	-
Sugars, total (g)	-

## **Minerals** (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	186
Phosphorus, P (mg)	150
Iron, Fe (mg)	2.8
Sodium, Na (mg)	58

## **Vitamins** (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	0
beta-Carotene (µg)	5695
Retinol Activity Equivalent, RAE (µg)	475
Thiamin, Vitamin B1 (mg)	0.66
Riboflavin, Vitamin B2 (mg)	0.38
Niacin (mg)	6.6
Ascorbic Acid, Vitamin C (mg)	148

## **Lipids** (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	-
Fatty acids, monounsaturated, total (g)	-
Fatty acids, polyunsaturated, total(g)	-
Cholesterol (mg)	0