

Food ID: D201

Food name and Description: Sesbania lvs Scientific name: Sesbania grandiflora Alternate/Common name(s): Katuray dahon

Edible portion: 49%

Proximates (Food Composition per 100g Edible Portion)

Water (g)	81.4
Energy, calculated (kcal)	76
Protein (g)	6.6
Total Fat (g)	1.4
Carbohydrate, total (g)	9.2
Ash, total (g)	1.4

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g) Sugars, total (g) -

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	186
Phosphorus, P (mg)	150
Iron, Fe (mg)	2.8
Sodium, Na (mg)	58

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	0
beta-Carotene (µg)	5695
Retinol Activity Equivalent, RAE (µg)	475
Thiamin, Vitamin B1 (mg)	0.66
Riboflavin, Vitamin B2 (mg)	0.38
Niacin (mg)	6.6
Ascorbic Acid, Vitamin C (mg)	148

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g	-
Fatty acids, monounsaturated, total (g)	-
Fatty acids, polyunsaturated, total(g)	-
Cholesterol (mg)	0