



Food ID: A078
Food name and Description: Chips, shrimp kroepeck
Scientific name: N/A
Alternate/Common name(s): N/A
Edible portion: 100%

Proximates (Food Composition per 100g Edible Portion)

Water (g)	3.5
Energy, calculated (kcal)	493
Protein (g)	7.3
Total Fat (g)	24.4
Carbohydrate, total (g)	61.1
Ash, total (g)	3.7

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0.9
Sugars, total (g)	2.2

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	138
Phosphorus, P (mg)	61
Iron, Fe (mg)	4.1
Sodium, Na (mg)	747

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	144
beta-Carotene (µg)	0
Retinol Activity Equivalent, RAE (µg)	144
Thiamin, Vitamin B1 (mg)	0
Riboflavin, Vitamin B2 (mg)	0
Niacin (mg)	1.3
Ascorbic Acid, Vitamin C (mg)	0

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	18.3
Fatty acids, monounsaturated, total (g)	-
Fatty acids, polyunsaturated, total(g)	-
Cholesterol (mg)	3