

**Food ID:** A078

Food name and Description: Chips, shrimp kroepeck

Scientific name: N/A

Alternate/Common name(s): N/A

Edible portion: 100%

## **Proximates** (Food Composition per 100g Edible Portion)

Water (g)	3.5
Energy, calculated (kcal)	493
Protein (g)	7.3
Total Fat (g)	24.4
Carbohydrate, total (g)	61.1
Ash, total (g)	3.7

#### Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0.9
Sugars, total (g)	2.2

# Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	138
Phosphorus, P (mg)	61
Iron, Fe (mg)	4.1
Sodium, Na (mg)	747

## Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	144
beta-Carotene (µg)	0
Retinol Activity Equivalent, RAE (µg)	144
Thiamin, Vitamin B1 (mg)	0
Riboflavin, Vitamin B2 (mg)	0
Niacin (mg)	1.3
Ascorbic Acid, Vitamin C (mg)	0

## **Lipids** (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g	18.3
Fatty acids, monounsaturated, total (g)	-
Fatty acids, polyunsaturated, total(g)	-
Cholesterol (mg)	3