



Food ID: A052

Food name and Description: Cake, butter

Scientific name:

Alternate/Common name(s):

Edible portion: 100%

Proximates (Food Composition per 100g Edible Portion)

Water (g)	24.8
Energy, calculated (kcal)	399
Protein (g)	2.8
Total Fat (g)	20.4
Carbohydrate, total (g)	51
Ash, total (g)	1

Other Carbohydrate (Food Composition per 100g Edible Portion)

Fiber, total dietary (g)	0.6
Sugars, total (g)	33.8

Minerals (Food Composition per 100g Edible Portion)

Calcium, Ca (mg)	149
Phosphorus, P (mg)	93
Iron, Fe (mg)	2.2
Sodium, Na (mg)	382

Vitamins (Food Composition per 100g Edible Portion)

Retinol, Vitamin A (µg)	65
beta-Carotene (µg)	335
Retinol Activity Equivalent, RAE (µg)	93
Thiamin, Vitamin B1 (mg)	0.12
Riboflavin, Vitamin B2 (mg)	0.05
Niacin (mg)	1
Ascorbic Acid, Vitamin C (mg)	0

Lipids (Food Composition per 100g Edible Portion)

Fatty acids, saturated, total (g)	7.03
Fatty acids, monounsaturated, total (g)	4.41
Fatty acids, polyunsaturated, total(g)	5
Cholesterol (mg)	96